## Intro video

[Soft countdown in background]

[Engine ignites]

[Reporter:] "As Canada's most accomplished astronaut, Chris Hadfield has gone farther and faster than almost anyone in the world.

[Reporter]: Speaking French

[Soft countdown in background]

[Airplane sounds]

[Inaudible mission control speech]

[Chris Hadfield:]: "Ok we got one tortilla, whoa! We will have peanut butter and honey sandwiches"